



## Commitment to Safety

We are all happy to have 2009 closed out and put behind us. The year was full of uncertainties which affected our lives, both at home and at work. During these trying times, we all had to learn to do more with less to ensure we remained afloat and do our best to hang on to what we have. Many times we had to make tough decisions to eliminate unnecessary costs and restructure our organization.

One value which we cannot afford to compromise is safety. This value is unaffected by the stock market, real estate, and global economy, although these factors may create distractions to put it at risk.

In 2009, we saw a significant increase in the number of injuries company-wide which totaled 22. This was twice as many injuries as we had in 2008! This is a trend which we need to turn around. Injuries affect all of us and cost us in so many ways including lost productivity, time spent going to doctor's appointments or physical therapy, surgery, workers' comp, reduced mobility, increased dependence on others, and the most obvious effect—physical pain.

As we continue to rebound from these tough times and business increases, let's be sure to all keep safety at the forefront of every job we do. We all want to be successful and continue to prosper. The far reaching effects of safety on our personal and work lives is too valuable not to make it our top priority!

## CSA 2010 Update

### CSA 2010 Driver Safety Enforcement Approach

Focuses on driver enforcement for serious rule violations, such as

- Driving while disqualified
- Driving without a valid commercial driver's license
- Committing numerous Hours of Service Violations



Enforcement action will be taken directly against the driver for these violations. If the carrier is also determined to be a responsible party, it may also receive enforcement actions.

Looking ahead, FMCSA plans to identify and intervene with unsafe drivers that are addressed in conjunction with motor carrier interventions.

### Making Carriers Aware of Driver Safety Performance

Beginning in late 2009, the FMCSA's Commercial Drivers Pre-Employment Screening Program will provide carriers with the safety performance histories of individual drivers based on their work with previous employers. These "Driver Profiles" contain important driver data including crash and inspection histories for individual drivers. Under the program, a driver would authorize FMCSA to release this information to carriers through a third party contractor. Drivers will also be able to obtain copies of their own safety profile through the third party or through a Freedom Of Information Act request with the FMCSA.

CSA 2010 is getting closer to implementation. Since 2007 the Department of Transportation has been collecting data on driver safety performance. Drivers' past histories of violations on roadside inspections, traffic tickets and accidents will affect the safety rating of any company they work for. As such, it's expected that trucking companies will rely heavily on these reports when making their driver hiring decisions.

## No More Texting While Driving- It's the Law!

As of January 26th, truck drivers are not allowed to use handheld devices to send text messages while operating their trucks. Violations can result in fines of up to \$2750. According to the U.S. Department of Transportation, last year more than 500,000 people were injured and almost 6,000 people were killed in accidents involving a driver that was distracted by either a cell phone or a texting device. Studies by the Federal Motor Carrier Safety Administration found drivers who sent or received text messages while driving, take their eyes off the road for 4.6 out of every 6 seconds of texting. U.S. Transportation Secretary Ray LaHood said that those who text while behind the wheel are 23 times more likely to be involved in an accident than those who are not distracted.

It only takes a second to lose focus on what's happening around you, and miss your opportunity to avoid an accident. Commit to staying aware and alert behind the wheel—the reward is worth the effort!!

### First Quarter Safety Meetings

#### Brunswick, GA~

February 24th, 8am  
Holiday Inn

#### Savannah, GA~

February 25th, 6pm  
Savannah Terminal

#### Charleston, SC~

March 4th, 6pm  
Grand Buffet- N CHS

#### Wilmington, NC~

March 6th, 8am  
Golden Corral- South  
College

#### Wilmington, NC

Warehouse  
March 9th, 12pm  
Warehouse

#### Wilmington, NC

Shop  
March 11th, 3pm  
Shop

## Welcome Aboard!

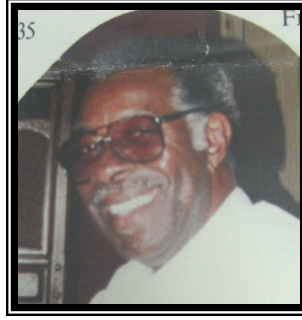
### Drivers~

- Dorian Sheppard— CHS
- Terry Lewis— WIL
- Ed Nelms— BRU Lease
- Jessie Robbins— BRU Lease
- Herman White— BRU
- Thomas Brooks— WIL
- Russell Thompson— CHS
- Dwayne Sutton— BRU Lease
- Ricky Mosley— BRU Lease
- Gordon Mitchell— BRU Lease
- Ricky Marvin— CHS
- Emanuel Pigford— WIL
- Mark Marbley— WIL
- William Singleton— BRU
- Brian Reeds— BRU
- Barry Meadows— BRU

### Brunswick Shop~

- Lewis Russum

## Volume 1, Issue 20



*In Loving Memory*

*Mr. Robert Turner Jordan Sr.*

*January 5, 1935—February 13, 2010*

*Robert was a longtime friend and coworker to the MCO Transport Family.  
He will be missed!*

## Your Impact on Workplace Safety



It is often said that an accident is not the result of a mistake, but many mistakes happening all at once. Look around and take note of your work environment. Are there overlooked or unnoticed hazards? Is there anything that might cause someone to injure themselves? Voice any safety concerns to your supervisor. Pass on ideas to management that might improve safety for your fellow employees. Take time to talk to your co-workers and make sure they are as aware of safety and their surroundings as you are.

**Safety is a team effort, work together and be safe!**

## Celebrations!

### January Birthdays

- Guy Pascale January 1
- Mike Carroll January 8
- Brian Westgate January 9
- Jewel Hamme January 11
- George Bryant January 16
- Callie Long January 17
- Eugene Coursey January 17
- Mike Curtiss January 19
- Marvin Hansley January 23
- Rusty Hunter January 23
- Deb Parella January 29

### February Birthdays

- Geno Roof February 2
- Bruce Rozier February 6
- Mike Pappas February 12
- Dean Smith February 13
- Stevie Ormond February 14
- Ulysses Hershaw February 14
- Danny Brown February 21
- Jeff Bagley February 22
- Darrick Bell February 22
- Mandy Zieke February 25
- Joseph Williams February 26
- Michael Kunze February 26
- Mike Hilliard February 28

### MCO Anniversaries— January

- Thomas Benton WIL 19 years
- Howard Robinson WIL 16 years
- Tommy Chester SAV 15 years
- William Hampton WIL 10 years
- Mike Carroll WIL 8 years
- Clarence Byrd BRU 5 years
- Mike Curtiss WIL 3 years
- Chris Holland CHS 3 years
- Gary Henry WIL 3 years
- Penny Tertzagian WIL 3 years
- Bernard Mickens BRU 3 years
- Ken Donahoe CHS 2 years
- Milton Thorpe BRU 1 year
- Seymour Watts WIL 1 year
- Michael Thomas BRU 1 year
- Curtis Powell BRU 1 year

### MCO Anniversaries—February

- Jim Jordan WIL 15 years
- Beth Hiatt WIL 9 years
- Ryan Andresen WIL 7 years
- Deb Parrella WIL 5 years
- Guy Pascale WIL 2 years
- Jonathan Leiner WIL 2 years
- Matt Williams WIL 2 years
- Charlie Ogletree SAV 1 year
- Jeff Brown SAV 1 year



Geno Roof dispatching drivers at the Brunswick Terminal

MCO Currents is now available on our website at [www.mcotransport.com](http://www.mcotransport.com)

If you have any suggestions or ideas for the newsletter, we'd love to hear from you!

You can email [info@mcotransport.com](mailto:info@mcotransport.com) or call Penny Tertzagian at 800-626-3290, ext. 6015 or Debbie Kern at 800-239-0869, ext. 6017.

Trying to lose weight? Why not check out [www.SparkPeople.com](http://www.SparkPeople.com)—a completely FREE online weight loss program offering personalized diet and fitness plans, calorie counter, workout tracker, exercise demos and videos, dietitians and trainers message boards, and more. SparkPeople.com is America's #1 weightloss and fitness website with over 7 million members worldwide!