

MCO Currents



MCO TRANSPORT, INC.
GEARED FOR INNOVATION...DRIVEN BY EXCELLENCE.

Volume 1, Issue 5

June 1, 2007

New Employee Assistance Program

MCO is excited to announce that effective June 1st, we will begin offering the benefit of an Employee Assistance Program (EAP) to our employees and their dependents. EAP services are provided by CorpCare, with 24/7 toll-free telephone access, nationwide services and on-line resources.

The EAP is intended to help employees and their families with a multitude of personal issues, including professional counseling and referrals for a wide range of problems:

- Personal/Family concerns such as stress, anxiety, depression, grief, marital difficulties, parent-child problems and child-adolescent behavioral problems.
- Financial issues such as debt counseling, budgeting, financial and retirement planning.
- Job concerns such as burn-out, conflict resolution and career issues.
- Behavior health disorders such as alcohol and drug abuse, eating and gambling disorders.

You can also get personal help and advice for things such as the following, just to name a few:

- Legal issues and attorney referrals
- Prenatal Care – birthing methods, child care pre-planning, etc.
- Parenting – child development, sibling rivalry, separation anxiety, discipline
- Education – kindergarten, before and after school programs, public schools, undergraduate and graduate programs

Benefits Update

As many of you are aware, July 1st is insurance renewal time. This year, proposed rate increases from BCBS forced us to explore other options.

We were fortunate to receive a proposal from United Healthcare that we think everyone will be pleased with. The benefits will be similar to those we have now, and for some of you, a little better; and the cost will be about the same or a little less than what we have been paying this past year. We think everyone will be pleased with the program United Healthcare offers.

Farewell to a Friend



Norman White, a driver for the Wilmington terminal, passed away on Saturday, May 26th. Norman had only been with MCO a little more than a year, but in that time, we came to know and respect him as a great employee and a wonderful person.

Norman is survived by his mother, Reba, two sons, Ted and Chris, his brother, Larry and

In addition to the change in health insurance, we're also happy to announce that, due to popular demand, we will also begin offering vision insurance.

Even if you're currently enrolled in insurance and don't want to make any changes, it will still be necessary for you to come in and discuss your insurance options. Enrollment choices and paperwork need to be completed by June 15th. See page 2 of the newsletter for the enrollment schedule in your area.

sister, Sandy, their families and his fiancée, Donna Padgett. We join his family in mourning his loss and will keep them in our thoughts and prayers.

Those of us who were fortunate to know Norman will long remember his warm, friendly nature and welcoming smile. He'll be greatly missed; but we're so glad he gave us the chance to spend a little time with him, and to call him our friend.

- Child Care – advice on options and help locating providers, summer care, etc.
- Elder Care – home health agencies, nursing homes, assisted living facilities, social and recreational programs, continuing care and retirement communities
- Special Needs – common childhood illnesses, children with disabilities, developmental delays

CorpCare's online resources include health and wellness programs, self-help assessments, child and adolescent care, elder care, education planning, parenting and learning programs, live discussion forums and online seminars. Information on accessing these services will be sent to you by e-mail or mailed to your home. It will also be available from HR or your supervisor.

These services and initial or short-term face-to-face or telephone counseling services are provided at no charge to MCO employees and their dependents. For problems requiring long-term counseling or care, CorpCare counselors will help with referrals and follow-up on treatment progress. Your communications with CorpCare will be strictly and completely confidential. Your personal information will not be shared with MCO staff or anyone else who you do not specifically authorize. To reach an EAP counselor, call 800-278-9444.

We encourage you and your families to take advantage of this terrific benefit. Be sure to look for more information on MCO's Employee Assistance Program in the coming weeks. If you have any questions about our EAP, please feel free to contact Human Resources.

Welcome Aboard!

Drivers:

- Gary Skorupski - BRU
- Christopher Holland - CHS
- Gary Henry - WIL
- Rodney Fulks - BRU
- Andra Morrall - SAV
- Gerald Kehler - SAV
- Williams Good - CHS
- Thomas Phinisee - WIL
- David Croom - WIL
- Mark Marbley - WIL
- Rhett Plyler - WIL
- John Rentz - BRU
- Adam Youmans - BRU
- Washington Grant - BRU
- Patrick Lee - BRU
- Joseph Scott - CHS

Owner/Operators:

- Anthony Walden - SAV
- William Howard - SAV
- Johnnie Jones - SAV
- Glenn Pearson - SAV
- Erik Wolfe - SAV
- James Dubose - SAV
- Lester Tippins - SAV

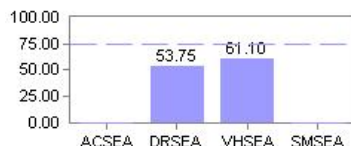
Lease Drivers:

- Dwayne Sutton - SAV
- Adam Sapp - SAV
- Derrick Tippins - SAV
- Charles Avery - SAV

Staff:

- Penny Tertzagian - Cust Service
- Anna Qualey - Safety
- Lloyd Price - Maintenance

Roadside Rewards



ACSEA value is temporarily removed.
Crash event data will still be available.

MCO SafeStat as of 5/25/07

INSURANCE ENROLLMENT SCHEDULE

SAV - June 11-12
BRU - June 13, 9am to 7pm
at Holiday Inn, 138
Glynco Pkwy
CHS - June 14-15
WHS - June 12, 11am
WIL - June 8-15

In an effort to improve safety and reduce our SafeStat numbers, MCO implemented a Roadside Rewards program in January. The program rewards drivers for clean DOT roadside inspections.

- Level 3 - \$25 (Driver only)
- Level 2 - \$50 (Driver & equipment, excluding brakes)
- Level 1 - \$100 (Complete check - driver & equipment)

Since we started the program, MCO has given out \$1200 in rewards. As you can see from our most recent SafeStat scores though, we still have some work to do! As of our last newsletter, Driver SEA has shown a small improvement, and Vehicle SEA has gone up slightly. Obviously, there's more work to be done and more reward money to be had!

Don't get left behind! Show your pride in your profession; make a commitment to safety, and claim your reward!

Congratulations and a BIG thanks, to our most recent reward winners!

- Greg Williams \$25
- Kevin Cromwell \$25
- Thomas Phinisee \$25
- Charles Clinard \$25
- Steve Williams \$25
- Howard Robinson \$25
- Jerome Pelote \$50
- Johnny Skipper \$50
- Mark Marbley \$50
- Stefan Fink \$50
- Larry Coates \$50
- George Bryant \$50
- Mike Carroll \$50
- Charles Hunter \$100
- Marvin Hansley \$100
- Joe Grotzinger \$100
- William Howard \$100
- Ed Nelms \$100
- Dean Smith \$100
- **Jamie McGarry \$200**

Bill Speaks Out on Hours of Service



(Savannah) L-R Hubert Webb, Bill Etheridge, Sgt. Huff, Mike Scott

On the road again! Thanks to all of you who were able to participate in last month's safety meetings. In this round of meetings, Bill Etheridge, Director of Safety, focused on driver hours of service regulations and logs.

At the Savannah meeting, Bill was joined by Sgt. Huff of the Georgia DOT who also gave a 'walk-around' lesson on maintenance and inspection from a DOT inspector's point of

view.

We hope that everyone who attended was able to walk away with some helpful information on time management, log procedures and equipment maintenance! If any of you still have questions on hours of service or equipment issues, we encourage you to contact Bill or Anna in our Safety Department. They will be more than happy to help!

Celebrations!

June Birthdays

- Charles Eddins Jun 2
- Linda Johnson Jun 2
- Lester Tippins Jun 2
- Bill Lowe Jun 7
- Charity Price Jun 11
- Don Lawson Jun 14
- Ryan Andresen Jun 17
- Francis Craton Jun 22
- Chuck Ahlers Jun 23
- Kurt Brogdon Jun 24
- Malcolm Brown Jun 24
- Andra Morrall Jun 25
- Ken Blair Jun 26
- Tina Byrd Jun 27
- Anthony Elliott Jun 29
- Charles Avery Jun 30

MCO Anniversaries January - June

- Marvin Hansley WIL 22 years
- Randy McIntyre WIL 21 years
- Howard Robinson WIL 13 years
- Bobby Askew WIL 13 years
- Joe Grotzinger WIL 13 years
- Tommy Chester SAV 12 years
- Malcolm Brown WIL 12 years
- Jim Jordan WIL 12 years
- Christina Johansen WIL 12 years
- Linda Johnson WIL 11 years
- Sam Tomberlin WIL 9 years
- Jerome Pelote SAV 9 years
- Mike Scott SAV 8 years
- Elaine Lunsford BRU 8 years
- Jim Straight SAV 8 years

- William Hampton WIL 7 years
- Leon Robinson CHS 7 years
- Roger Crocker WIL 7 years
- Thomas Benton WIL 6 years
- Beth Hiatt WIL 6 years
- Mike Carroll WIL 5 years
- Ryan Andresen WIL 4 years
- Mike Vick SAV 4 years
- Darryl Simmonds SAV 4 years
- Charles Clinard WIL 4 years
- Andy Korwatch WIL 4 years
- Harry Johnson SAV 3 years
- Mark Thorndike WIL 3 years
- Mark Heyliger SAV 3 years
- Bill Lowe WIL 3 years
- Jim Stephens SAV 3 years
- Frank Garcia SAV 2 years
- Jimmy Jordan WIL 2 years
- Clarence Byrd BRU 2 years
- Deb Parrella WIL 2 years
- Roy Ebert CHS 2 years
- Jewel Hamme WHS 2 years
- Hubert Webb SAV 2 years
- David Haldeman WHS 2 years
- John Nixon WHS 2 years
- Charity Price WHS 2 years
- Charles Eddins WHS 2 years
- Jimmy Hewett WHS 2 years
- Mike Curtiss WIL 1 year
- Charles Lienhop WIL 1 year
- Francis Craton SAV 1 year
- Mike Hilliard SAV 1 year
- James Karnes WIL 1 year
- Howard Davis WIL 1 year
- Vida Garrett SAV 1 year

MCO Currents is now available on our website at www.mcotransport.com

If you have any suggestions, or ideas for the newsletter, we'd love to hear from you!

You can email info@mcotransport.com or call Debbie Kern at 800-239-0869, ext. 113 or Penny Tertzagian at 800-626-3290, ext. 225.